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APRIL 15, 2015



SPECTATOR



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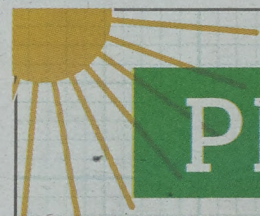
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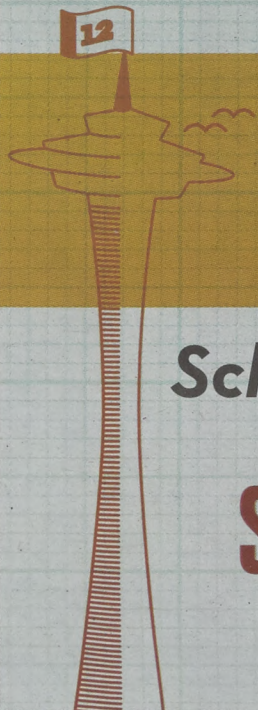


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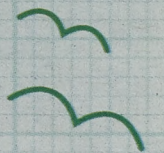
GET AHEAD.

HAVE A SUMMER

WITH PURPOSE.

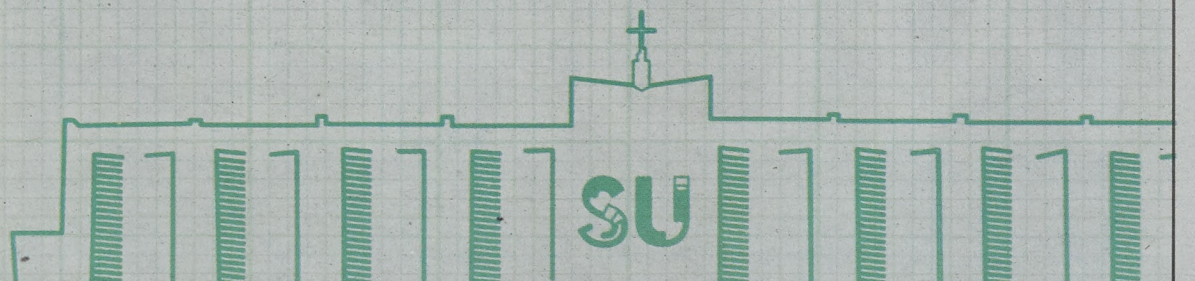


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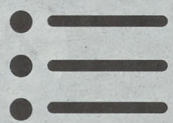


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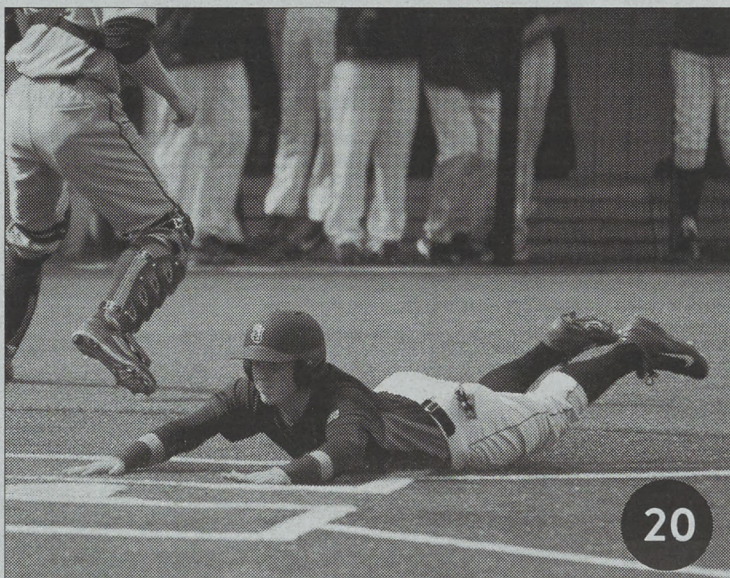
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THE WEEK IN REVIEW

Jenna Ramsey
Staff Writer

PROTEST ON POLICE BRUTALITY—

A small unannounced group of protestors arrived on the Seattle University campus with a Seattle Police escort in the afternoon of April 14. The protestors were decrying police brutality in relation to the shooting of Michael Brown in Ferguson, Mo. Eric Garner in Staten Island, N.Y. and Walter Scott in North Charleston, S.C. They began their demonstrations with a walkout rally at Seattle Central Community College from 11:30 a.m. to 1:30 p.m. and then made their way downtown, making a stop at Seattle U. They eventually arrived at the Seattle Police Department where they staged a die-in. The events were a part of a nationwide day of protest called for by Cornel West and Carl Dix, co-founders of the Stop Mass Incarceration Network.

HILLARY CLINTON RUNNING FOR PRESIDENT—

Hillary Rodham Clinton announced on Sunday, March 12 that she is running for President of the United States in the 2016 election. Clinton has been in the political spotlight for decades, as first lady to President Bill Clinton, as a U.S. Senator representing New York, as President Obama's biggest competition for the Democratic Party nomination in the 2008 presidential race and as Secretary of State from 2009 to 2013.

In a three-minute video posted on Sunday afternoon, Clinton confirmed the rumor of her bid for the presidency.

"Everyday Americans need a champion, and I want to be that champion," she said.

Clinton will begin her campaign this week in Iowa. Major themes of the campaign will include increasing wages and fighting income inequality. Though critics say she is not as popular in the public eye as she was when she first ran in 2008, it looks as though she may not have any big competition for the Democratic nomination.

At this point, Clinton is the only Democrat to have officially kicked off her campaign. Sen. Ted Cruz from Texas, Sen. Rand Paul from Kentucky and Sen. Marco Rubio from Florida are the only Republicans who have announced their candidacy.

PRESIDENT OBAMA MEETS WITH CUBAN PRESIDENT RAUL CASTRO—

President Barack Obama met with Cuban President Raul Castro on Saturday, April 11 for the first formal discussion between the two country's leaders in 50 years. They spoke in a convention center in Panama City where the Summit of the Americas was being held. The talk reflected a step forward for the relationship between the U.S. and Cuba, two countries that have not associated with one another since the Cold War. President Castro explained he is open to a new beginning with the United States, and Obama agreed, saying, "The Cold War has been over for a long time."

Castro requested during the talk that the U.S. trade embargo against Cuba be lifted, which Obama has called on Congress to do. One conflict, however, was not resolved: Cuba remains on the U.S. list of State Sponsors of Terrorism. Castro said that while he is willing to discuss everything, "we need to be patient, very patient."

Castro also said he believes Obama is an honest man and praised him for his behavior, which he attributed to the Obama's humble background. The talk on Saturday began what many believe to be a new era of relations between the two countries.

SEATTLE UNIVERSITY STUDENT PAY RAISE—Seattle University and the University of Washington both announced last week that they are increasing the minimum wage for student workers to \$11 per hour. This complies with Seattle's new minimum wage law that requires large employers to pay workers at least \$11 per hour, and at least \$15 per hour by 2018.

Before this change, which went into effect April 1, the salary for a Level 1 job at Seattle U was \$9.90 an hour.

Seattle's new minimum wage is based on the theory of "middle-out economics," a method of growing the economy by paying middle-class workers more money. As President Obama put it in 2013, "When middle-class families have less to spend, businesses have fewer customers."

Seattle is the first city in the country to raise its minimum wage as high as \$15 an hour. The federal minimum wage as of now is \$7.25 per hour.

ROLLING STONE MAGAZINE RETRACTS RAPE ARTICLE—

Rolling Stone Magazine writer Sabrina Rubin Ederly apologized for the inaccuracies in an article she wrote about a gang rape at the University of Virginia. Last week, the Columbia Graduate School of Journalism released a report commissioned by Rolling Stone detailing the failures on the magazine's part to verify that the story of the rape was even true. Ederly's 9,000-word article appeared in the magazine's Nov. 2014 issue and sparked a national conversation about rape on university campuses. When the story became viral, Charlottesville, Va. police began an investigation of the crime, and came up with nothing. After further research, other parts of the story began to unravel. The fraternity at which the rape was supposed to have taken place said in a statement that there had been no event on the night the story took place, and friends of the story's victim said they doubted she was telling the truth.

It is suspected that the victim of the alleged assault, who was given an anonymous name in Ederly's article, was not entirely truthful—if at all truthful—in her telling of the story. Even so, the Columbia report says that Rolling Stone failed to take even the most basic journalistic measures in verifying the source's story.

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CEJS TALKS TRASH WITH ANNUAL ECO-CHALLENGE



Harrison Bucher
Staff Writer

Do you have what it takes to save the environment?

At Seattle University, environmental sustainability is a focus in almost everything the university does. The Center for Environmental Justice and Sustainability has put together a four week program called the Eco-Challenge to help students, faculty and staff learn more about how their choices can impact the environment and how they can make positive change.

"The challenge is kind of based on the wellness challenge," said CEJS intern and senior marine and conservation biology and environmental studies major Kaitlyn Hammond. "It is an opportunity for people to make changes to their habits or form new habits that are good for the earth and learn about different issues that are affecting the environment and to advocate."

The Eco-Challenge began on April 7, and has a different theme each week. Themes for this year's challenge are personal care and cleaning products, food, waste and energy and water. Each week, the participating teams will enter a score card based

on what they accomplished and have a chance at a prize. Teams can earn points in several different ways one of which involves changing one particular habit over the entire duration of the challenge.

"The habit that I am working to improve over the four week challenge is to unplug unused electronics and keep lights off in rooms that I am not in," said Sponsored Projects Accounting Technician Jenna Isakson from the College of Science and Engineering. "The Eco Challenge pushes me to re-examine my habits, look for new ways to be more sustainable and refocus on my current sustainable practices."

Teams can also earn points by doing something challenging, learning about an issue through videos, articles or attending an on-campus event, advocating for an environmental cause and sharing what they have learned using social media.

"I think the purpose of this is to have a good time while being challenged to think about how our lifestyles connect with and/or impact justice issues related to sustainability," said CEJS Program Coordinator Michael Schut. "We want to try and have it be a fun competition with prizes and so on but also a way to raise awareness and teach people about how their lifestyles

influence the rest of the world."

This is the second straight year that the Eco-Challenge is occurring and it is expected to be an annual event. Last year Karen Price, Seattle U's former campus sustainability manager, got the program rolling and put together a team of students to actively participate in putting on the challenge this year. This group consists of the CEJS interns and the Resident Assistants for the Earth and Society Living Learning Community. The key differences to the challenge this year are the new themes and methods of scoring.

"I know for sure the way we are doing score cards is more fun and interactive...For prizes we are doing weekly drawings," Hammond said. "This keeps people more engaged, but it is not so much about winning as it is about making small positive changes for yourself. If we can keep people at it, we are doing something right."

This year, there are about 30 teams of three people participating in the challenge. Most of these teams consist of students but there are a few that consist of faculty and staff.

"I was glad to have the chance to reunite with my team of coworkers, the Trash Talkers, for another year," said Senior Administrative Assistant Joy Crevier from the Departments of

Civil and Environmental Engineering. "The opportunity has proven to be a great way to not only heighten my environmental awareness but more importantly improve my daily practices."

People who are not competing are still encouraged to learn more about environmental issues and work on changing some of their daily habits.

CEJS has information on several topics related to environmental sustainability on its website. Students and faculty have also had fellowships with the center where they can conduct and present research on a topic they are passionate about. There is a lot of information on the subject and this Eco-Challenge is just one small way people can make a difference.

"We hope that it is fun and that people learn from it and see there is a connection between what they do in their daily lives and the larger environmental justice and sustainability issues on a global scale," Schut said. "Hopefully people will feel empowered to continue their action throughout the rest of their lives."

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US AND CUBA MEND FRAYED TIES WITH SUMMIT

Vikki Avancena
Staff Writer

At long last Cuban Cigars are allowed on U.S. soil, causing many to sincerely say "Thanks, Obama."

On Apr. 10-11, the seventh tri-annual Summit of The Americas took place in Panama City, Panama. This year's theme addressed "Prosperity with Equity: The Challenge of Cooperation in the Americas."

The Summits of the Americas have been going on since December 1994 when the first Summit took place in Miami. Heads of state from countries in the Western Hemisphere gather together every three years to discuss issues affecting their region and to unify their visions to make changes

for the better.

"Hopefully the summit provides a forum for all of the countries of the Americas to engage in respectful dialogue about critical hemispheric issues," said Seattle U history professor Marc McLeod.

Other issues that were discussed stemmed from the central theme, including education, security and migration. Throughout the conferences that have been held over the years, the preservation and strengthening of democracy has played an important role among the different strategies evaluated.

"Every country has its issues, but I think what makes this Summit so great is that it gives these countries' leaders the opportunity to address

the most pressing problems and how to effectively change these situations," said junior political science major Joseph Kuo.

A turning point in history defined this year's Summit, as President Obama and Cuban President Raul Castro met for the first time since negotiations between diplomats from both countries were made last December to normalize their relations.

At the Sixth Summit of the Americas, numerous officials declared that the next summit must include Cuba. Many countries involved in the Summit also threatened to not attend if Cuba was not invited, which led the U.S. and Canada to relent. They ultimately agree to extend the invitation to the island nation in the Caribbean.

U.S. policy toward Cuba had initially put constraints on any progress, and their ties had been severed since January 1961. The current intentions of both presidents to renew their association are slowly rebuilding this barrier.

Embassies are to be established in both Washington D.C. and Havana, and the expansion of American travel throughout Cuba, as well as the adjusted regulations on the people of Cuba, hopes to smooth out this process.

"[I think that] the Obama administration's recent changes in policy toward Cuba and on immigration promises to set the stage for more meaningful bilateral and multilateral talks between the countries of the Western hemisphere," McLeod said.

There still exists the possibility of future turmoil between the two beyond previous reasons, since the relationship between Cuban-ally Venezuela and the U.S. is tenuous.

Allegations against the U.S. claim that the nation is plotting against Venezuelan President Maduro and the Venezuelan government. Tensions increased at the Summit, and Maduro's efforts to get the backing of other Latin American leaders have only made the situation more strained.

Obama has already stated that the country is a "threat to national secu-

rity," after issuing an executive order condemning seven Venezuelan officials for human rights violations.

Cuban Foreign Minister Bruno Rodriguez has even made it publicly known that he agrees with Maduro, stating that the sanctions against their sister nation are "unacceptable and unjustifiable."

How the U.S. chooses to proceed with this issue after the Summit remains to be seen, and it is unclear for the time being whether other Latin American diplomats share the same view as Rodriguez.

"Positive change should be the focus at the Summit," said sophomore political science major Ryan Wong. "But I imagine a room full of those political leaders is bound to create a lot of power struggles."

Despite the numerous pros and cons that this Seventh Summit of the Americas brought for the Western Hemisphere, the expansion of open communication is sure to benefit all of the countries in their endeavors to end the challenges they face.

"I think [the Summit] is really cool because the way we approach issues at Seattle University is similar to these top-notch government officials at this gathering," said freshman international affairs major Julie Reyes. "It all begins with a conversation."

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**"THE OBAMA ADMINISTRATION'S
RECENT CHANGES IN POLICY
TOWARD CUBA
AND ON IMMIGRATION
PROMISES TO SET THE STAGE FOR
MORE MEANINGFUL
BILATERAL AND MULTILATERAL
TALKS BETWEEN
THE COUNTRIES
OF THE WESTERN HEMISPHERE"**

—History professor Marc McLeod

BREAST CANCER: BALANCING CARE AND COST

Lena Beck
Staff Writer

Though we can all recognize those pink ribbons and wrist bands famous for supporting those with breast cancer, it might be time to question whether they actually help.

Last week, a study published in the *Journal of Health Affairs* reported that the United States spends \$4 billion a year on false-positive mammograms and over-diagnoses. These results have contributed to a large conversation about how money is spent on breast cancer.

According to nursing professor Michael Beebe, it's a complicated issue. He said that in exchange for every advantage, there will be some setbacks.

"Everything has a cost benefit to it, and tomography is no different," said Beebe.

Tomography refers to imaging by sections or sectioning, through the use of any kind of penetrating wave. It is one method used to detect breast cancer.

In addition, the nature of cancer can make pinpointing the best technology difficult. Just as there are many types of cancer, there are multiple kinds of breast cancer.

"People think of breast cancer as one disease, but it's not," Beebe said. "Just like people think cancer's one disease, and it's not."

Mammograms are tests performed on women usually in their 40s and 50s, to check their breasts for cancer. They can be yearly exams, the idea of which is to catch cancer early. Sometimes the results appear positive when there is in fact nothing wrong.

"A Mammogram is a radiographic study that tries to take imaging of breast tissue to see if there's any abnormalities," said nursing professor Dr. Benjamin Miller. "[The] Problem is, is that breast tissue come in many shapes sizes and densities. It makes it so it's not the most perfect science by any means."

While the current technology is not perfect, Beebe said it is improving every day.

"The technology related to imaging keeps improving literally daily, there's all kinds of new stuff coming along," Beebe said.

Senior AnneMarie Ladlad took a class last quarter in which she was tasked with making a social media campaign. She and her partners created an advocacy group related to breast cancer.

Ladlad believes it is worth it to put money into practices that could catch cancer early.

"Preliminary measures are the best way because of course that catches breast cancer before it gets really serious," Ladlad said.

She believes that the funds are crucial to perfecting technology used in early detection, and that the reason false positives occur is because the current technology is insufficient or ineffective.

"There's so much to be researched to make it better," she said.

The advocacy she created was called "Trim the Ribbon." The goal of the campaign was to raise awareness about Pinkwashing, and advocate against it.

Pinkwashing is the idea of companies tagging themselves with emblems associated with breast cancer to indicate that they are using some of their funds to aid in breast cancer research. Anti-pinkwashing campaigns point out that in reality, it is usually only a small portion of a company's profit that goes to research. Anti-pinkwashing groups want that financial information to be brought to the surface.

"It's a kind of a call for budget transparency," Ladlad said.

While the study regarding the \$4 billion spent by the U.S. on false-positive mammograms and over-diagnoses is not directly related to pinkwashing, both the study and campaign concern the issue of how money should be handled with regards to breast cancer, and which practices best reflect those monetary priorities.

"I would say that, yes, [money] should go toward preliminary stuff. Of course there should be a balance. I don't know where that balance lies," Ladlad said.



NICOLE SCHLAEPI • THE SPECTATOR

When it comes down to it, while \$4 billion a year is a lot, many believe such money is necessary until better detection practices are developed.

"If we had better screening techniques, I think it would probably cut down a lot on unnecessary biopsies, a lot of unnecessary tests, and procedures that we're doing," Miller said.

Beebe reiterated Miller's point, and recognizes the challenges of balancing the issues of money and patient care.

"That's the struggle," Beebe said. "Are we doing the right test that's going to give us the best images at the least risk to the patient at the lowest cost and the fewest false positives or false negatives?"

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TRIPGOERS SPILL THE BEANS ABOUT NICARAGUA

Jenna Ramsey
Staff Writer

With the simple act of buying coffee, the Seattle University community will soon have the opportunity to make a huge difference in the lives of families halfway across the globe.

When chemistry professor Dr. Susan Jackels visited a group of coffee farmers in Nicaragua nearly 12 years ago, she discovered a dire situation. The farmers and their families were nearly starving to death, and were receiving aid from Catholic Relief Services and the United States Agency for International Development (USAID) to stay alive while facing financial crises. Since that visit in 2003, Jackels has been dedicated to working with the community to help find a solution.

Twelve years and several service projects later, Jackels is confident that the farmers are in a more stable position. During this year's spring break, Jackels traveled with Seattle U students and fellow faculty members to Nicaragua with the goal of determining a more profitable business plan for the farmers.

"I already know that all the students—every single one of them who went on this trip—had a transformational experience," Jackels said. "I know that they have come back completely motivated to follow up on their projects, take whatever steps are necessary, and become advocates for these farmers, because they saw the potential in them."

There were two separate projects for the trip. While one group constructed a wastewater treatment system for a farmer and his family, the other group interviewed several farmers about their experiences with fair trade. This second group also came up with a way to import the coffee from Nicaragua to serve on the Seattle U campus.

"The purpose of the trip was to listen to the farmers and to find a practical way to help them improve their livelihoods," said economics professor Dr. Quan Le, who assisted with both projects. "We learned that through selling the coffee through the fair trade market, the farmers] did not get



Jackels with a farmer and his family

PHOTOS COURTESY OF BRADEN WILD

the money that compensated for their production."

The difficulty in making a large profit through the fair trade market is that the farmers must follow extremely strict rules and regulations set by Fair Trade U.S.A. On top of that, growing organic coffee yields 40 percent less of the product than growing nonorganic, and the compensation is not enough to cover the production loss.

The interviews provided vital information that will hopefully speed up the process of helping the farmers make more money, according to Le.

In the coming months, the group

plans to buy and import the Nicaraguan coffee to sell it through Bon Appétit and the campus store.

"We're really excited to see how we can expand that in the coming years with partners in the area," said freshman Braden Wild.

Wild, a business student, was invited to go on the trip because of his work with Student Government at Seattle U and the Global Business club to help pass the legislation for Fair Trade U.S.A. on campus earlier this year. He said the trip allowed him to see the direct impact his work is making on the farmers' daily lives.

"One of the farmers we worked with is able to put all of his kids through school—all six of them—and that's something that's very uncommon," he said. "For me, [the trip] validated that all this work is worthwhile."

Jackels and the students involved in the project insist that the coffee is so good that it doesn't even need cream or sugar. In November of 2014, Jackels and her team imported and roasted a sample of the Nicaraguan coffee and served it at an event on campus. The reception of the product, Jackels said, was beyond her imagination.

"Everybody loved it," she said. "This coffee is so smooth, it's not bitter, it's aromatic, it's chocolatey, it's wonderful."

The group plans to return to Nicaragua in a couple of years to see if the efforts they make here in Seattle have translated to real change on the coffee farms. In the meantime, the Seattle U community will get to enjoy the coffee for more than just its flavor.

"Our hope is that someone in the community who imports coffee will recognize the value of this coffee and put us out of business," Jackels said.

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EARTHQUAKE DRILLS MOVE SU TO PREPAREDNESS

Jason Bono
Staff Writer

The new earthquake drills have stirred—or rather shaken—up discussions about safety. But careful planning and open dialogue has gone into new plans, all driven by a desire to aid the Seattle University community.

On Wednesday at 10 a.m., the university held a 90 second drill to prepare the campus for future earthquakes. Messages, email alerts and campus wide notifications were sent out on the hour to inform students of the quick three-step procedure—drop, cover and hold.

This drill is a part of the ShakeOut campaign, a worldwide effort to promote safety and emergency preparedness. From Italy to California, communities and organizations have mobilized to make sure everyone is prepared for an earthquake.

The organization said on its website that, “Great ShakeOut Earthquake Drills are an annual opportunity for people in homes, schools and organizations to practice what to do during earthquakes, and to improve preparedness.”

When participating in our own drills at Seattle U, we must keep in mind the motivation behind them.

“The goals really are to get everyone at our university, to get everyone in our community prepared to protect themselves,” said Assistant Director of Emergency Operations Chris Wilcoxon.

The drills also give the university an opportunity to test the safety notifications system. Public safety has created many different mediums to communicate with both students, faculty and staff on campus. The E2Campus texting app, the Safehawk smartphone app and emails are used to deliver alerts on drills or any local security issues. Voice-over internet features are also being applied to phone systems allowing Public Safety to communicate instantaneously with nearly every facility at Seattle U.

Yet at a recent forum on Monday in the Administration Building, concerns were raised over the specifics of drills like these. Questions were raised about how to react in different facilities, such as what to do when in a lab, on the top floor of a building, or in an office. Beyond those questions, concerns about how, for example, students with disabilities are included in these plans also surfaced.

“I think it’s a little bit challenging for able-bodied people to look at a thing like an earthquake drill and anticipate where people with mobility challenges might have trouble,” said Kiana Parker, the alternative media coordinator at Disabilities Services.

For Park, we have to actively try to be in conversation with all parts of the student body when considering plans like these. The specifics of the drill have to be broadly publicized so that all students with or without disabilities can know exactly what to do. Beyond that, she stressed the impor-

ance of keeping in mind that disabilities could encompass anything from anxiety, veterans with PTSD or other mobility-related challenges.

“I think when your goal is the safety of everyone, as is Public Safety’s goal, the way to be most prepared is to anticipate the needs of the people you’re going to be helping should this event occur,” she said.

At the forum, Parker encouraged a discussion between students from all backgrounds with Public Safety, in order to make sure that all needs are being met.

Wilcoxon spoke to this, acknowledging any conversation with the students of Seattle U as a way for the institution to grow and become more inclusive. For him, comments or even complaints are a part of making his job better at addressing the needs of students.

“We get all that feedback and it’s great because immediately after we get that feedback we go directly in to try to solve those problems, and figure out what happened... As soon

as we know there’s breakdown, we have to get it fixed. We cannot let that continue,” he said.

Wilcoxon also sees emergency preparedness as showing the broader role of Public Safety on campus. Helping people protect themselves through these drills shows Public Safety’s efforts beyond just campus security.

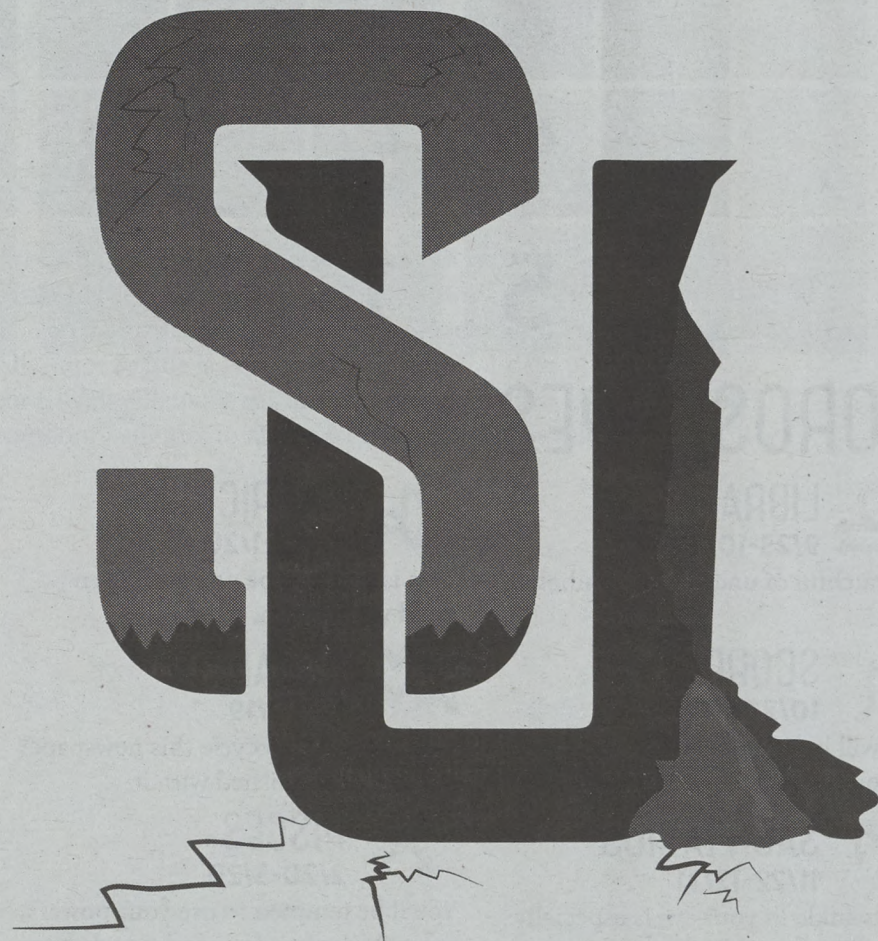
“Yes we do serve a greater function, we don’t serve policy function. We’re here to protect people, to make sure people who come to school here are safe while they’re here,” Wilcoxon said.

And for him, as well as the rest of Public Safety, that is what he hopes to achieve with these renewed efforts. The drills, to them, are just a starting point. And when it comes down to it, these drills only take 90 seconds of our time.

***This article was written before the drill occurred.*

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“TO BE MOST PREPARED IS TO ANTICIPATE THE NEED OF THE PEOPLE YOU’RE GOING TO BE HELPING.”



SUDOKU

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		5	1	9			6	

THE 10

10 OTHER PEOPLE WHO SHOULD RUN FOR PRESIDENT

- 10 Linda from C Street
- 9 Leslie Knope
- 8 Mama Tits
- 7 Claire Underwood
- 6 Beyoncé
- 5 Sasha and/or Malia Obama
- 4 Laverne Cox
- 3 Sigourney Weaver
- 2 Sasha Fierce
- 1 Your Mom

HOROSCOPES



LIBRA
9/23-10/22

Be watchful of uncovered manholes.



SCORPIO
10/23-11/21

You will become possessed by a new demon if you aren't careful this week.



SAGITTARIUS
11/22-12/21

The twinkle in your eye is especially bright. Use it to blind your enemies.



CAPRICORN
12/22-1/20

This is going to be one gosh darn good week for ya, friend.



AQUARIUS
1/21-2/19

Don't forget to recycle this newspaper when you're finished with it.



PISCES
2/20-3/20

You'll be tempted to use your powers for evil. Use 'em for good, or whatevs.



ARIES
3/21-4/20

Now's the time to go get that tattoo you've been thinking about.



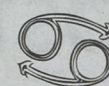
TAURUS
4/21-5/21

Stray cats will want to follow you home this week.



GEMINI
5/22-6/21

Just say no to everything, except pizza.



CANCER
6/22-7/22

Don't trust your eyes. Or your ears. Or anything. It's all a lie.



LEO
7/23-8/22

You should have stayed in bed this morning.



VIRGO
8/23-9/22

That weird mark is definitely because you were abducted by aliens last night.



71

days of sun

Bianca Sewake

Managing Editor & Online Content Editor

Scenario: It's the weekend. You have the day off. The sun is out. What do you do?

On average, Seattle has less than 100 days of sunshine per year. Now that it's spring, and the sun is starting to beam, it's time to start soaking up as much of it as possible—especially since Seattle is expected to have just 71 days of sun.

So round up your friends, fill up the gas tank, crank up the tunes and hit the road. Here are some outdoor activities to kick start the days of sunshine ahead.

Skagit Valley Tulip Festival

Mount Vernon | Difficulty: Easy

Although everyone and their puppies probably have an Instagram picture of this as the backdrop, there is a reason why it's so popular and well worth an hour drive north (assuming there is zero traffic). Colorful fields of tulips are scattered around Skagit Valley.

Tip: There are also the lesser appreciated, but equally beautiful daffodil fields.

Gold Creek Pond

Snoqualmie Pass | Difficulty: Easy

Don't be fooled by the word 'pond.' This is a well-paved, easy peasy 'hike' where the payoff is enjoyed near the start of the trail—snow-capped mountains in the distance reflect in the large body of icy blue water that ombres into a deep blue. The trail circles the perimeter of the pond and is a gentle stroll with somewhat of an incline. Pack something to eat because the tables and chairs near the beginning, as well as the benches mid-way through the one mile trek, would be the perfect spot to enjoy the view.

Tip: It's wheelchair accessible.

Lake Chelan

Chelan County | Difficulty: Easy

Before you get excited, this is labeled 'Easy' because it doesn't require scaling up a mountain. But let's talk about the nearly six hour drive it takes to get to Lake Chelan. Save this one for a long weekend and/or give yourself time to plan a more hefty trip. Consider camping or rounding up a bunch of your friends to pitch in to stay at a resort. But is it worth it? Absolutely. While it may be a pain to get there, your stress and worries will leave you once you come face-to-face with the country's third deepest lake. The blue-green water is clear enough to see the bottom of the lake that spans over 50 miles long.

Tip: Make a playlist for a drive and double check that you packed swimgear.

Little Si

North Bend | Difficulty: Easy to Moderate

Even if you're a hiking novice, don't be intimidated by the 4.7-mile roundtrip. Most of the hike threads through the woodlands rocky, well-worn paths. Once you get through the clearing, the ledges all have picturesque portraits of the valley and surrounding mountain below. If this view doesn't awaken even a small love of the outdoors, I'm not sure what will.

Tip: Get a glimpse of the valley below at the beginning when the trail leads to a small ledge.

Mount Si

Northbend | Difficulty: Moderate to Hard

Meet Little Si's big brother. Tackle this 8-mile roundtrip if you're up for the challenge. It is more intense, but the view from the top is breathtaking.

Tip: Remember to bring some snacks and water.

Snoqualmie Falls

Snoqualmie | Difficulty: Easy

Attracting more than 1.5 million visitors a year, this is another popular spot. There is a park and observation deck, and did you know this is the waterfall shown in the opening credits of the TV series, Twin Peaks? Total photo op moment.

Tip: Free parking and free viewing area open from dawn to dusk.

Rattlesnake Ridge

North Bend | Difficulty: Easy to Moderate

Come early. This is a popular hike, so expect to find others making the uphill climb alongside you. There are different trails to take, but Rattlesnake Ledge—at 1.9 miles—is the shortest. And yet there is still a breathtaking view of the evergreen trees and lake down below. When the weather gets warmer, it would also be a good idea to take a dip in the lake.

Tip: No pass or permit is required.

Lake of Angels

Olympics | Difficulty: Hard

Located in the Valley of Heaven (I'm not making this up), it is said that Lake of Angels first requires a passage through hell. This 8-mile roundtrip is not for the faint of heart, especially because of its steep inclines and ledges. But the payoff will be one of the most beautiful views of alpine lakes in the Olympics, stock full of meandering meadows bursting with wildflowers.

Tip: Recommended for more seasoned hikers. Call ahead to check when the trail opens.

Mount Rainier National Park

Cascade Range | Difficulty: Varies

Behold: A Pacific Northwest icon, visible from our Seattle U campus, and definitely a must. There are five developed areas with multiple opportunities for hiking, frolicking through fields of wildflowers, and other activities. There is a lot of ground to cover, so it would be best to do some research and figure out which parts you want to see.

Tip: Be strategic and pull up a map online to determine your route.

Mima Mounds

Olympia | Difficulty: Easy

This is a weird one. Google this or search its hashtag on Instagram. The bumpy mounds are a geological wonder that even scientists can't figure out. There's an easy, well-paved trail that's less than three miles round trip. You might want to wait a little longer before making the trek down. Wait for spring to do its magic (give or take a month or two) because that's when there will be wildflowers all around. Seriously, Google it.

Tip: Wait. Don't go just yet.

**Keep in mind that most hikes require a day pass for cars. For more information on which type of pass is required, go to wta.org*

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ALYSSA BRANDT - THE SPECTATOR



STARS OF THE
SU DRAG SHOW
SHINE BRIGHT!



'the common S E N S E': A TOUCHY SUBJECT?

Bianca Sewake
Online Content Editor
 & *Managing Editor*

Upon the shelves surrounding me in the Henry Art Gallery, neatly placed stacks of newsprint paper sit side-by-side. Each stack contains a different short passage. One of them quotes a line from Margaret Atwood's 1985 dystopian novel "The Handmaid's Tale,"

"Behind me I feel her presence ... A woman made into an angel, waiting to be found. By me this time."

This stirs something within me, so I take it—picking it up from the shelf and placing it in my bag.

No, I am not breaking any rules. I am supposed to do this. Unlike many exhibitions with tiny plaques next to the art that read, 'please do not touch,' this artist, Ann Hamilton, encourages the opposite in her exhibition, titled "the common S E N S E." She takes it a step further by allowing visitors to take any piece they want to keep (a free portfolio is provided for this purpose).

Navigating through the different rooms of the gallery, there are more shelves with different stacks of paper—some shorter than others, and some spaces, where stacks once resided, are now empty.

At the center of the rooms are glass cases filled with various objects—ones not for taking—ranging from old books and puzzle pieces to scissors and taxidermy animals.

The largest room, which extends into two additional rooms, has its walls covered in dead animals scanned and printed on various sizes of newsprint paper, available for visitors to rip off from the wall and take home.

At the bottom floor of the gallery, there are carts covered with curtains (think hospital beds in an emergency room curtained off). I part the curtains of each cart to peek inside and find a bed with articles of clothing made from animal skin. Hanging from each cart is a tag, in mortuary style, identifying the type of clothing, what animal it is made from, and what

year it was used. By whom? That, I do not know—someone, simply, from the past.

There is something calming and poignant stirring within me as I read the different texts, as I explore the large room of images or stand amid what feels like hospital beds. It is also a bit shocking and unsettling as I remind myself that the animals in the images and the animals sewn into the clothing are all dead.

So what exactly do these texts, objects, images and clothing have in common?

They all speak to the common sense that each living thing possesses: touch.

The texts are instances of touching and being touched, literally and figuratively. They explore relationships with other people and animals, the experience of physical and emotional touch, and the lasting impression people, places and things leave behind.

The taxidermied animals themselves were alive once and have certainly touched this earth in the

same way other beings have touched it. And even after their deaths, these preserved animal bodies are still touching visitors in a way—their presence becomes part of the visitor's experience in this exhibition.

The images of the scanned dead animals have a similar story. The torn remnants left behind of images and stacks of papers slowly shrinking serve as evidence that many others before me have come to touch part of this exhibit—to play a part in a conscious instance of experiencing and touching something that will no longer be there once the exhibition closes later this month.

The words, objects and dead animals serve as reminders of fleeting moments; they are a reminder of our own finite bodies which will one day also be something that has just passed through moments of life, touching other lives and nature both directly and indirectly.

It is also evident that this exhibition has touched many others who have passed through since it first opened in October last year. While stacks of

papers with printed text have shrunk over time, a new kind of stack was generating—this time one of distorted and blurred photos of the visitors who have passed through. It is an optional part at the end of the gallery where people can, if they so choose, have their photo taken and printed, which will be displayed a week later as part of the gallery. This one cannot be taken home.

I was informed there was no way to access this image besides coming back in a week to see it displayed with the others. But I opted to have my photo taken anyway. After all, part of touching is reciprocating. I took many things from this exhibit, and now I'll let it take a piece of me in the form of a photo. This way I can leave my own unique fingerprint on something that has touched me.

The last day to touch this exhibition is Sunday, April 26.

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HARMONY ARNOLD DRESSES UP 'JACQUES BREL'

Lena Beck
Staff Writer

'JACQUES BREL' REVIEW

It's hard to listen to Jacques Brel's music without being touched by the haunting solemnity floating in the lyrics—even if you don't understand French.

Brel was a hugely influential Belgian singer-songwriter who sang with a whole lot of heart, engaging each song passionately, sweat pouring down his face as he belted his ballads.

And though the late Brel passed away nearly 30 years ago, his influence is still very much alive. ACT Theatre and 5th Avenue Theatre are currently showing "Jacques Brel is Alive and Well and Living in Paris," a collection of nearly 30 Brel songs, performed one after another by a cast of five.

It's not a play, and it's not really a straight musical either—it's something in between. The lights, setting and costume changes throughout the production help to string together a loose narrative.

Brel began composing after World War II, and almost every one of his songs offers a distinct social commentary on the ways of the time. For the Francophone world, he became an icon seemingly rooted in social critique.

This aspect of Brel stood out in the ACT's production—visually, it became clear that his lyrics delved into feminism, class wars and the political turmoil of post-war Europe.

But despite the political context in which Brel wrote, there is a universality underlying all of his lyrical themes. Yes, it was war-torn Europe, but through the depiction of these songs, it was clear that it could have been war-torn Anywhere.

The base costumes of each actor were composed of contemporary pieces—if you saw any of those people walking down the streets of Capitol Hill, you wouldn't suppose for a second that they were in a play. They are you, they are me.

And though Brel wrote and sang in French, all but one of the songs

performed in the production are translated to English. For the English-speaking audience member, this presents an unfortunate trade-off: In English, you can understand all of the words, but as with any translation, something is lost. It's no surprise that the song sung in French is the one that best captures the essence of Brel.

That song is "Ne Me Quitte Pas"—Don't Leave Me. The vulnerability of this line brings to the surface the thematic relevancy of Jacques Brel: His music is honest, sincere and, above all, relatable—no matter what the time period or political climate may be. Even past his death, Jacques Brel is alive and well.

"Jacques Brel is Alive and Well and Living in Paris" is showing through May 17 at ACT Theatre. Student tickets are \$15 and are available online.

Q&A WITH HARMONY ARNOLD

The Spectator sat down with Seattle University Costume Design Professor Harmony Arnold, who designed all of the costumes for the production.

LENA BECK: *What was it like to work on the costumes for "Jacques Brel" and where did you begin?*

HARMONY ARNOLD: In a very broad sense, I began my process of designing the costumes with the director, David Armstrong, and then also in tandem with Tom Sturge who is the scenic and lighting designer ... The three of us started very early on, months and months in advance, talking about Jacques, and listening to the music, talking through the lyrics and getting a sense for the overall mood, emotion and design of the entire piece.

LB: *What was it like to design your costumes in collaboration with other pieces like the setting and lighting?*

HA: Many of the big collaborative conversations happened about mood, style, color palette, sort of overall aesthetic, what the songs meant and how we wanted to portray these characters. Those really happened in collaboration with all of us. So when Tom would talk about certain angles or certain color palettes, then I would respond to him directly right in that meeting ... It was an organic process.

LB: *What elements of Jacques Brel and his music did you try to bring out in the costuming?*

HA: When David offered me the job, I got a CD and I listened to the music ... and I was thinking, 'Wow these are 28 songs about generally the same thing. About life. And about living and dying and loving and regret and hope.' ... This [production was] so challenging because there are no written characters ... It's not a straight play, it's a musical revue.

As a designer, generally the things that I'm attracted to are things that are new works, new challenges or something that is done outside the box. Those are the things I gravitate towards—even if it's a classical piece that's being realized in contemporary new ways ... Not that analyzing a character isn't also exciting, but this was just sort of a Pandora's box that I hadn't opened.

LB: *The base costumes seemed very contemporary. If you saw any of those people walking down the street, they would just look like regular people.*

HA: Yeah, David really wanted the piece to be contemporary ... These are the people that we know, these are the urban bohemian artist types that could be found anywhere. They could be found in New York, or in LA, or in Seattle. They are who we are. All of these songs, every one of them, is about what has happened and what is happening still. They're all about the human experience.

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AUDREY MALLINAK • THE SPECTATOR

FOOD

MEAT & BREAD—NEED WE SAY MORE?

Siri Smith
Staff Writer

Confession one: between Vancouver, B.C., Seattle and Portland, Vancouver is my favorite Cascadian city (sorry Seattle).

Confession two: I generally try to stick to a fairly strict vegetarian diet, but I broke my rules to eat at Capitol Hill's latest sandwich shop, Meat & Bread.

Originally from Vancouver, B.C., Meat & Bread is wildly popular up in our neighboring country of Canada. But as you might expect, it's not exactly the most vegan-friendly (or gluten-free-friendly) restaurant on the hill.

Still, the sandwich shop is no stranger to Seattle style. Owner Frankie Harrington thinks of Seattle as "a second home," he told *Eater Seattle*.

Much to the excitement of Vancouverites and Seattleites who are familiar with Meat & Bread, the menu will be similar to that of its northern twin.

An appropriate way to sum up Meat & Bread's menu—and general attitude—is with the Lou Reed quote they have posted on the wall of their Seattle restaurant: "One chord is fine. Two chords are pushing it. Three chords and you like jazz."

Meat & Bread clearly brings a minimalist approach to their menu: they only offer four sandwiches on their menu, one of which is vegetarian (for the friend you drag in who has no interest in meat). They also have porchetta, meatball, and the daily special sandwich available.

Upon entering the sandwich shop, I was greeted by chefs with huge smiles on their faces, similar to that of the one on the hostess who welcomed me when I first walked up the steps. I wandered over to the counter to order my sandwich, where they also offer side soups and salads.

After ordering, I walked to the



AUDREY MALLINAK • THE SPECTATOR

register to pay. Here, they offer a small selection of drinks: soda, beer and small cartons of Stumptown's iced coffee. Customers can also pick up one of their specially made maple-bacon chocolate bars if their heart so desires.

My heart so desired. I went for the whole package (not including a soup or salad): a meatball sandwich, a root beer and a maple-bacon chocolate bar. The total came out to be about the equivalent of a meal at Hawk's Nest Bistro, but the food looked much better.

I perched myself at a wooden table and dove into my meaty sandwich, which was served on a wooden cutting board. I wonder if their full name is "Meat & Bread, featuring wood," as they also have a wood floor and wooden countertops, a staple they should be known for, as I have

not seen that much wood pulled off so beautifully.

Eating the meatball sandwich was almost like eating an elegant Sloppy Joe. The sandwich's contents—meatballs, lemon arugula and cheese—spilled out onto my cutting board. But don't worry, enough of the contents stayed in that I was still able to confirm its unparalleled tastiness. I had to give it to them: Meat & Bread knew exactly which ingredients would compliment the meat that I would otherwise not be consuming.

Halfway through my sandwich, I took a break from the protein and sodium to eat my maple-bacon chocolate bar. The bacon was applewood-smoked and mixed with caramel. But that's not all: this caramel was sitting on top of a toasted almond and milk chocolate

nougat, slathered in 63% dark chocolate, with a small bit of smoked sea salt sprinkled on top.

Yes, it is as delightfully delicious as it sounds.

I have to admit, though, as I was finishing the sandwich I felt that the amount of meat was a little bit too much for my stomach. (Rest assured, I still finished it off despite needing a good amount of self-serve water and a cap of Pepto Bismol).

But hey, if a non-meat lover and a rare meat eater can enjoy a sandwich from Meat & Bread, a carnivore sure to fall in love.

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CRITICS CORNER: 'JAUJA'

Siri Smith
Staff Writer

As I sit in between armrests that say "Werner Herzog" and "Klaus Kinski," I think about how unfortunate it is that I have grown up in the Seattle area and have never stepped foot into Northwest Film Forum. I walk past it nearly every day on my way to and from campus, but I have never even typed their organization into a search engine to find out more about them.

So, it is fitting that I should find myself at a new place, watching a film that I normally would not gravitate toward.

"Jauja" is a worldly film in a lot of senses. Directed by Argentine filmmaker Lisandro Alonso, the film is set in 19th century Patagonia during the Conquest of the Desert. The main character, Captain Gunnar Dinesen (Viggo Mortensen) is a Dane working as an engineer for the Argentine army, with his 15-year-old daughter Ingeborg, a.k.a. Inge (Viilbjørk Malling Agger), in tow.

As Inge is the only girl—and a beautiful girl, at that—in this testosterone-filled environment, the men are all pining after her. But a young soldier named Corto steals her heart, and one night the two of them run away to elope.



PHOTO COURTESY OF FILM SOCIETY LINCOLN CENTER

Dinesen then goes in search for his runaway daughter, which is where the title of the film comes into play. "Jauja" is a mythical city of riches and happiness. Many people went on arduous adventures in attempts to find this place.

And while Dinesen is not specifically in search of Jauja itself, it is the sort of place that Mortensen's character is on an expedition to find when his daughter goes missing.

Of course, everyone who has ever gone out in search of Jauja has ended up getting lost in their journey, much like Dinesen eventually does.

Though Mortensen is typically known for playing either the heroic figure or the villain—as you may recall, he portrayed Aragorn in "Lord of the Rings"—this role was very different from either of those characters.

In "Jauja," Mortensen portrays a lovingly protective and worried father. He is not incredibly heroic in any way, nor is he a villain. In fact, as I was watching the film, I kept thinking that if my own dad and I were in that time period and situation, he would probably trek across the desert to find me, too.

There is not a lot of dialogue in "Jauja," though that is compensated by the physical actions of the characters and the breathtaking cinematography. The movie is unbelievably picturesque. And though the film is set in the middle of the desert, the scenery was so expertly captured that it just about made me want to go get lost in the warm, dry heat of the desert sun.

Though the movie was a bit slow at times, whenever I grew disinterested in the lack of dialogue, the film pulled

me in again with a new event, animal, or person who piqued my interest.

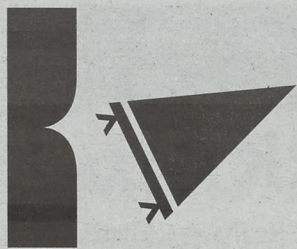
The film also held my attention with its carefully-crafted details. As a writer, I love symbols and motifs, so I could not help but notice that images which appear in the beginning (such as dogs, a symbol representing what the characters want to find, and a compass, a symbol representing the attempts to find it) are reintroduced in the end.

And, as an avid horseback rider and animal lover, I must also point out some flaws. While Mortensen clearly knows how to ride a horse, he does not seem to know how to lead a horse. And, at some point, he ends up leaving his horse behind to continue his expedition on foot.

Still, these are just small details in what is ultimately a mesmerizing metaphysical journey toward a mythical land. And though there are many movies about runaway lovebirds, I have never seen a movie depicting it quite like "Jauja." "Jauja" is running at Northwest Film Forum April 17-23.

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<p>16</p> <p>QUEER ROCK: CHRISTENE @ Chop Suey, 8 p.m.</p> <p>ELECTROPOP: Erik Blood @ Barboza, 8 p.m.</p>	<p>17</p> <p>THEATRE: Live! From the Last Night of my Life @ 12th Ave Arts, 8p.m.</p> <p>SOUL: Allen Stone @ Neumos, 8p.m.</p>	<p>18</p> <p>SATIRICAL PUNX: The Dead Milkmen @ Crocodile, 8 p.m.</p> <p>VOICE: SU Spring Choir Concert @ St. Joseph Parish, 8 p.m.</p>
<p>19</p> <p>BAROQUE: Byron Schenkman @ Benaroya Hall, 7 p.m.</p> <p>MULTIMEDIA DANCE: Beware of the Dandelions @ On the Boards, 1, 4, 7, and 10 p.m.</p>	<p>20</p> <p>FILM: Puget Soundtrack Performs "Alien" @ Northwest Film Fo- rum, 8 p.m.</p> <p>FEMINIST PUNX: Chastity Belt @ Black Lodge, 9 p.m.</p>	<p>21</p> <p>FOLK ROCK: Leon Russell @ Nep- tune Theatre, 8 p.m.</p> <p>ART: Rodrigo Valenzuela's "Future Ruins" @ Frye Art Museum, All Day</p>



SPORTS COVERAGE: AN UNEVEN PLAYING FIELD

Meghan Gescher
Volunteer Writer

On the first day of a class I once took, we were instructed to introduce ourselves and we were interested in. After two of my male classmates expressed interest in sports journalism, my professor got excited, and asked them their favorite teams and what they thought of the Seahawks this year.

When I told him that I was interested in being a sports broadcaster, my professor smiled and asked why. After explaining my love of sports he pondered this for a second and then asked, "have you maybe thought about exploring any other type of journalism?"

Why was it that my desire to enter into the world of sports journalism, specifically broadcast, was questioned, while my male classmates were readily accepted?

Professional sports and all that surrounds it, has always been, and continues to be, a male-dominated industry catering primarily to men.

Specifically, sideline reporting has

become a place for women to be objectified and treated as eye candy instead of a professional building block to the booth. Granted, female opportunities have come a long way. However, while women have advanced in almost all other fields, it seems as if sports media is a step behind. Even with Title IX, when Lesley Visser became the first NFL beat writer in 1976, her media credential actually said "no women" in the press box.

Women weren't even allowed in the locker room until 1978 after Amanda Ludtke took Major League Baseball to court after not being permitted in the locker room at the end of the 1977 World Series. Even now, derogatory comments from players, coaches, and fans continue to be a constant struggle.

While it's true you rarely see a less than attractive person on television, there seems to be extra emphasis on women on the sidelines.

"[Erin] Andrews is the subject of worshipful YouTube videos and the object of salacious comments and trashy gossip on Internet chat boards," the Washington Post noted.

"Something Dick Enberg or Joe Buck probably never had to contend with".

Not only do women have to be perceived as attractive, when they get what is deemed as too old, they are replaced.

As of July 2014, every female sideline reporter was under the age of 50. In contrast, their male counterparts are much older: Jim Nantz, 55, Phil Simms, 60, Al Michaels, 70, Lou Holtz, 78, and Lee Corso, 79.

Women also report of a need to prove their knowledge on the game. It appears that some people believe that the ability, and want, to know sports is an inherent value of the Y chromosome. It seems unfathomable, and almost impossible, that women could reach the level of knowledge that men are born with.

In another class I took, we were instructed to give a presentation on a figure of our choice. I chose Ernie Davis, the first African American Heisman winner. When I told my professor whom I had chosen, he asked me if my dad was going to help me with the project. When I said no,

I know a lot about him already, he laughed.

Another barrier is the stereotype; if you didn't play the game, you don't know the game. Howard Cosell, widely regarded as one of the greatest, and most controversial, sportscasters of all time, never played any of the sports he covered. Bob Costas, Dick Enberg, or Al Michaels never played sports professionally, but are legendary in the business.

"Our industry is filled with a lot of sports reporters who have never played the game of football," said Alex Flanagan, a female reporter for the NFL Network. "So what's the difference between you as a (male) sports reporter, or sportswriter, who never played the game of football, and me as a female who has never played the game of football, in knowing the game of football?"

Though it appears that this misogyny is at a level left for big name ESPN reporters and sports writers to solve, it is still present in our community. Women have long had the potential, ability, knowledge, and overall drive not only to be prominent figures in the sports journalism industry, but to be in the same booth as their male counterparts. Gaining access to play-by-play calling and analyst positions may be one of the last major steps for women in the field. The first step though is a change in attitude, not only within the industry, but close to home too.

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REDHAWKS KNOCK NMSU OUT OF THE PARK

Will McQuilkin
Staff Writer

A six run deficit wasn't enough to curtail the Redhawks as their win streak improved to seven with a series sweep over New Mexico State this past weekend.

Their success against other Western Athletic Conference teams has been impressive as their WAC record to 11-1, and 19-15 overall. They have been swinging the bats well, with five players batting over .300 and the offense outscoring opponents 42-21 over the last seven games.

On Sunday, Seattle U opened the scoring in the second after Michael McCann reached on a fielding error by the Aggie first baseman. McCann then advanced to third on a double off the bat of Jack Reisinger. Colin Peterson proceeded to groundout to second on a fielders choice, allowing McCann to score on the play.

New Mexico State would answer

with two runs of their own in the top half of the third thanks to a home run over the left field fence. Those would be the only runs allowed by Seattle U starter Tarik Skubal, who went five innings, allowed six hits, struck out four and walked two in that frame.

The Aggies would go on a tear in the sixth inning, scoring five earned runs off four hits, including a two run blast off the bat of Cameron Haskins.

Down 7-1 with two outs in the bottom of the seventh inning, the Redhawks' rally started thanks to a

solo bomb by Griffin Andreychuk, the first of his collegiate career. Dalton Hurd followed with a double to left field, stole third base, and scored on a single by Sheldon Stober to close the score gap to four runs.

Then the walks piled up to load the bases for Seattle U. Colin Peterson scored Brock Carpenter on a hustle play, beating out a relay throw from second base, driving in Carpenter and putting runners at the corners with one out. A stolen base and another walk later, the bases were once again

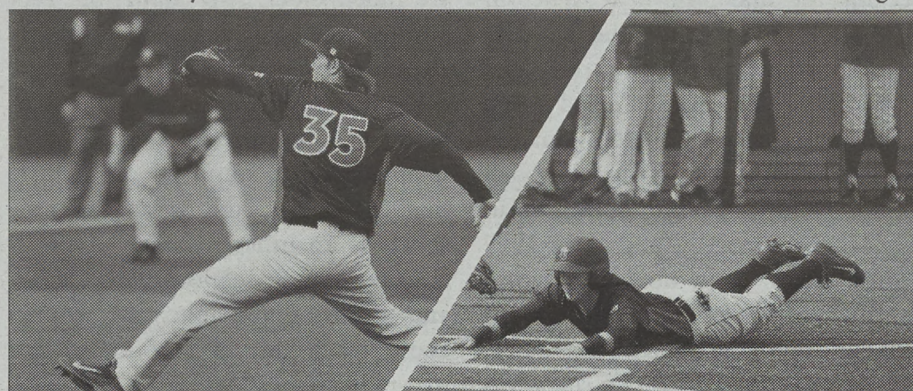
loaded for the Redhawks. Then Griffin Andreychuk hit a two run single and Seattle U proceeded to outsmart the Aggies for the tying run when Dalton Hurd laid down a safety squeeze that scored Curtis Perrin.

"The run that our guys are on right now is really impressive, and we just find different ways to win games. Today was a reflection of our team never giving up and continuing to battle despite the score," Seattle U head coach Donny Harrel said. "Chris did a great job of coming in and keeping us in the game, and then Kyle was great in finishing things up."

Cameron Haskins sealed the deal with a two run moon shot over right field.

This weekend the Redhawks will look to continue their hot streak in a home series against North Dakota at Bannerwood Park.

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JESSIE KOON • THE SPECTATOR

LOL'ING YOUR WAY INTO COLLEGE

Chaucer Larson
Staff Writer

Seven foot tall basketball players are easy to recognize on a college campus. However, some students across America are earning the same athletic scholarships for and quick mouse clicking instead.

Schools from Harvard to the University of Washington have created official video game teams that compete in a national league with more than 10,000 players.

Robert Morris University in Chicago, has begun to give out the same scholarships that are awarded to basketball and hockey players, to students whose sport takes place on a computer.

This has allowed many casual and serious gamers who play League of Legends, Defense of the Ancients (DOTA) 2, and Hearthstone to consider the new possibility of going to school to play videogames.

The National Collegiate Athletic Association doesn't yet recognize e-gaming as one of their sanctioned sports, so colleges can recruit gamers who have already been considered pro. Many online tournaments for these games consist of thousands of players from across the world, and can hand out lush cash prizes. The DOTA 2 world championships were held last July in Seattle, with the first place team taking over \$5 million dollars home.

DOTA 2 and League of Legends are strategy-based games that involve defeating an enemy team's base. Over 67 million people play League of Legends every month.

"[Scholarships] will definitely improve the standing [of video games] within the eyes of the public," said Ethan Ling, a freshman who considers himself a serious gamer. "Especially how big and how influential this sort of gaming is."

Ling was also aware of the talents necessary to earn a scholarship

for gaming.

"These people [getting scholarships] are in challenger (the highest division in the game). Recently a player who went to Robert Morris is playing professional now," Ling said.

Many professional players, who either stream their gameplay on websites like Twitch.tv or play in tournaments, can earn decent livings just from gaming.

"[Streamers on Twitch] earn enough to basically support themselves and support their families," Ling said. "Even in the sense that they aren't necessarily professionals, they can still earn enough."

Robert Morris and the University of Pikeville in Kentucky are the only institutions offering scholarships, but many schools could still follow suit. The rise of e-gaming can give credibility to a talented gamer, whose skills otherwise wouldn't be recognized by their university.

Bruce Parsons, the media director

at Pikeville, said in an interview with USA Today that he hopes that creating a League of Legends team will be a boost to the admissions department.

"There are going to be a lot of students, both nationwide and international, who are going to look at our university who wouldn't have before," Parsons said.

Students at Robert Morris and Pikeville will be dealt similar schedules and requirements as the other athletes at their school. They will have to maintain a certain GPA, and will have practice times scheduled throughout the week to focus on their competition.

An official team with scholarships isn't likely anytime soon at Seattle University, but if more schools do decide to offer them, a Redhawk gaming squad isn't out of the realm of imagination.

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TIME OUT SESSIONS WITH MANDIE SUGITA

Harrison Bucher
Staff Writer

Kangroos, shrimp on the barbie—oh, and a summer of professional softball in Australia—are in senior pitcher Mandie Sugita's near future. But first she will be finishing up her last season for the Redhawks.

So far this season, Sugita is leading the team in earned run average, wins, innings pitched and opponents' batting average. She has also pitched nine complete games including one shutout. It has been an impressive year for her, especially considering that she missed most of last season with a shoulder injury. She had surgery in November.

"Getting into this year was a little rough and intimidating," Sugita said. "But my shoulder feels awesome and I have had more confidence than I had in the past. Personally I have felt really good about this year."

Sugita began playing softball when she was about eight years old growing up in Southern California. Despite needing to adjust to the

rainy weather, she has played softball during all four of her years at Seattle U.

"I really love the authenticity of this program," Sugita said. "[The school] is so small and I know all of the other coaches and players here."

When she is not out on the diamond, Sugita is studying strategic communications and is looking to have a professional career in interior design, possibly even starting her own company.

"Highlights of my experience have been just getting to play all over and getting to tell people I am a part of this program," Sugita said. "It feels good to be a part of something that is bigger than myself."

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FAVORITE ATHLETE: Kobe Bryant, Los Angeles Lakers Shooting Guard
FAVORITE TV SHOW: Good Will Hunting
PITCH: Knuckleball Changeup



PHOTO COURTESY OF JOHN ARONSON



ROW ROW ROW THE BOAT

Bianca Sewake
Online Content Editor & Managing Editor

Tomorrow, 20 engineer students will make an 11-hour drive to Idaho to compete in the American Society of Civil Engineers PNW Student Conference this weekend. This is their first submission for the concrete canoe portion of this annual competition. Under the ASCE, seniors Jessie Marie Hardy and John Dickey spearheaded the creation of a Concrete Canoe Team. Since last spring, the team designed and built a canoe, named Accendo, after the Chihuly sculpture in Pigott, which means ignite. They will display and present their canoe and then race in it at the conference. As seniors, Hardy and Dickey hope to ignite a legacy for other students to carry on.

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Seattle University Engineering Club finishes up the cement canoe for the race in Idaho.

NICOLE SCHLAEPI • THE SPECTATOR

LAST WEEK IN SU ATHLETICS

BASEBALL VS PORTLAND 5-2

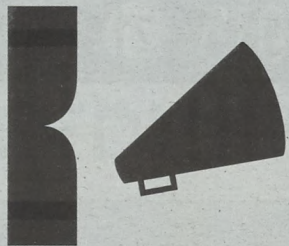
BASEBALL VS WASHINGTON 5-9

BASEBALL VS NEW MEXICO STATE 9-7

SOFTBALL VS UTAH VALLEY 11-8

M. TENNIS VS GRAND CANYON 2-5

M. TENNIS VS TEXAS-PAN AMERICAN 3-4



SALAD DAYS ARE OVER

September 2011 was full of wonder. I was a bright-eyed and bushy-tailed incoming freshman at the time, besotted with the new city I found at my feet, the promise of fledgling friendships, the maple trees that glowed titian under the early autumn sun—and above all, with Bon Appetit's fall salad.

It was a thing of beauty. Crunchy romaine lettuce topped with tender roasted butternut squash, knobs of crumbling chevre, and jewel-like dried cranberries, all wrapped in a pungent balsamic vinaigrette that tempered the seasonal toppings' sweetness. I ate that salad on the reg, bankrolled by my required meal plan. Everything was beautiful and nothing hurt.

When the fall salad returned the next year, it had been ruined. The butternut squash was replaced with golden beets. The chevre had turned to feta, and a graceless apple cider vinaigrette supplanted my beloved balsamic. The revised salad was too bitter, nearly acrid. Woe! It was wrong, all wrong.

I'm sorry to say that two other vegetal anathema have beset our campus in the time since. The first occurred when Bon App started charging by the pound, instead of by plate size, for their salad bar offerings. Nowadays I have to plan my salads not around my tastes, but around the lightness of their components. I feel like I'm packing for a RyanAir flight every time I get lunch.

Finally, one last blow was delivered just a few weeks ago. I've started to notice that the Greek shake salads—if not on par with the fall salad, then at least with the vegetarian Caesar—have been worryingly absent from campus café lineups. Now, I'm willing to offer the benefit of the doubt. It could be a temporary fluke. But the concern I've had since the start of my college career has reared its head again at the end of it: our salads' salad days may be over.

Caroline Ferguson
Editor in Chief

FOR THE RECORD (STORES)

As someone pursuing a career in music, I have a pretty big stake in the state of record stores and the music industry at large. But even if I didn't, I would still be spending my Saturday afternoon browsing Seattle's fine collection of local independently-owned record shops.

Yes, I realize I can access essentially any music in existence from the comfort of my own bed via the Internet, but here's the thing: there is nothing quite like the experience of walking into a record shop, browsing their eclectic library of dreamy pop ballads, crusty punk anthems and beboppin' jazz standards.

As a musician, these places are my home away from home—these are the places I go to when I am lonely, lost or looking for inspiration. And the sad and terrifying truth is that these records stores are quickly disappearing.

Record Store Day (which this year falls on Saturday, April 18) is an annual event which celebrates locally-owned record stores and reminds music fans why we should be supporting these businesses all year round. The yearly festivities typically include live performances, exclusive vinyl and CD releases, meet and greets with artists, and a slew of other musical happenings.

But aside from the promotional products, Record Store Day is also a time for the community to come together—to connect with one another and to connect with the music we love in a much more fulfilling way than we ever can on the Internet. And you don't even have to attend Record Store Day to get this mystical music experience—just walk into any local record shop any day of the year and start actually listening.

Maggie Molloy
A&E Editor

The Spectator editorial board consists of Caroline Ferguson, Bianca Sewake, Mason Bryan, Maggie Molloy, Connor Cartmill, Collin Overbay, Nicole Schlaepfi, and Alyssa Brandt. Signed commentaries reflect the opinions of the authors and not necessarily those of The Spectator. The views expressed in these editorials are not necessarily the views of Seattle University.

WHAT WOULD YOU DO IN AN EARTHQUAKE?

"I'd hide under a table, or go under a doorway, secure my head. You know, California earthquake drills."

Isabella Geronimo, Junior



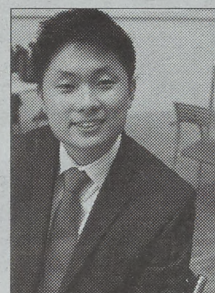
"I'd drop to the floor, cover my head, get under a desk, and hold. Wait for it to be over."

Camille DeRome, Freshman



"What's standard I guess is to go under a table, something stable, have something to protect you from falling objects, and waiting through it."

Corrine Dougil, Senior



"I wouldn't know what to do. I briefly read it but I don't remember. There could be more emphasis on safety in that regard."

Jason Cho., Junior

THE GUIDANCE COUNSELOR

by Emily August

Emily is not a licensed guidance counselor, but neither was Ann Landers.



Q: *Where do babies come from? Do they come from the baby factory?*

A: That, or your mom.

Q: *I didn't get into any grad schools and I'm trying to trust the universe. Everything happens for a reason, right? Was it not meant to be?*

A: It's relieving, the idea that things are out of our control and we can metaphorically recline and the universe/deities/spiritual forces will take care of us. Unfortunately, the universe did not control the number of applicants in those programs, did not make you a desirable candidate even though (perhaps) you could use more research experience, and does not know your best interests. The universe is not a being, it is a series of subatomic particles, energy, matter, and elements that make up astronomical bodies and therefore our perceptions. You can trust it to metrically expand, you can trust electromagnetism and gravitation, but you need to adopt your own agency. Sure, turning down / getting rejected by opportunities gives availability for others, but that has to do with your ambition, initiative, experience, and whether you're receptive and aware of academic and professional prospects. Some things are out of your control (i.e. traffic), but most things aren't, or at least you can respond appropriately with ways to accommodate (leave earlier). Reassuring ourselves with "everything happens for a reason" not only removes accountability, but excuses detrimental human impact to one another, other species, and the world. There are many life experiences that you can amass that's not in the vacuum that is college.

Happy tax day,
Emily

Visit guidance-counselor.tumblr.com to submit a question.

LETTER TO THE EDITOR:

My name is Nathan Braaten and I am in my junior year at Seattle University. I am writing to you about an issue which concerns both Seattle University's impact on the environment and how Seattle University spends money, two hot-button topics on campus.

Our classrooms are too hot.

In 90 percent of classrooms I have attended at SU, one or more windows have been open. Not because we like fresh air, which we do, but because if the windows are closed then the classroom quickly becomes hot and stuffy. Neither of which make for a good learning environment. So, the professor or the students open a window. As you can imagine, this leads to a lot of heat loss. This heat loss causes SU to pay for excess heat. In the interest of reducing our global footprint and reducing Seattle University's heating budget, turn down the global thermostat on campus. Just a few degrees will provide more comfort to students and save Seattle University some money.

If you doubt my assessment, walk around campus during class hours and notice how many windows are open. You may be surprised.

Sincerely,

Nathan Braaten
Seattle University, Class of 2016

CORRECTIONS: In the April 8th feature, "Life After Graduation," AnneMarie Ladlad was said to have attended Seattle Preparatory Academy. She attended Seattle Preparatory School. We deeply regret the error.

START OUT ON TOP.

START RAISING THE BAR.

START COMMANDING ATTENTION.

START HIGHER.

START ONE STEP AHEAD.

START MOVING UP.

START LEADING FROM DAY ONE.

START STRONG.SM



ARMY ROTC

There's strong. Then there's Army Strong. If you want to be a leader in life, joining Army ROTC at Seattle University is the strongest way to start. It provides hands-on leadership development. Plus you can earn a full-tuition, merit-based scholarship. After graduation, you'll begin your career as an Officer. With a start like that, there's no limit to what you can achieve.

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