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## Spectator 1973-01-18

Editors of The Spectator

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**FRANCES WALTON, ON THE CELLO,** and Mikael Scheremetiew, on the violin, were performers in a Thalia Chamber Concert yesterday in the A. A. Lemieux Library Auditorium. Music included miniatures for violin and piano by Kabalevsky, Prokofiev

and Shostakovich, as well as duos for violin and cello by Gliere. An instrumental ensemble concert previously scheduled for Monday at 8 p.m. and Tuesday at noon has been postponed until a later date.



# SEATTLE Spectator UNIVERSITY

Vol. XLI, No. 23  
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Seattle, Washington

70

## Self-discovery session aids women in determining their future career

The Individual Development Center will be offering six sessions aimed at helping women make a career choice. The Self-Discovery sessions address the problems of discovering what will bring personal happiness and fulfillment and determining the kind of professionals most likely to be needed in the future.

The sessions will help women to: 1) inventory their present abilities, interests and priorities; 2) investigate the educational and career opportunities; 3) establish realistic goals pertinent to each student's situation; 4) investigate and evaluate the paths to these goals;

and 5) develop decision-making skills leading to concrete action. Successful working women will address the class concerning educational qualifications, patterns of career advancement, job satisfaction, salary levels to be expected and other matters necessary in making a career choice.

Self-Discovery will meet weekly from Jan. 31 through Mar. 7 from 7-9 p.m. at a campus location yet to be announced. The fee for the session is \$40 but as Dona MacDonald, dean for women, said, "It's a matter of setting priorities for spending money and realizing it might mean not spending an extra

quarter in school for a poor decision in choosing a career."

Self-Discovery is a non-credit course open to student, faculty and staff women.

## Scout program here to 'open a kid's mind'

by Jeffrey E. A. Rietveld

The purpose of Scouting in this area is "to open a kid's mind", according to Norval Powell, a coordinator of the Scout program here. He spoke to a meeting of students interested in being Scout leaders in the Bellarmine conference room Monday night.

The students will be concentrating most of their efforts in the Yesler Terrace and St. James districts.

**THE OBJECTIVES** of the activity-oriented program would be total participation, Powell said.

The actual Scouting program will be based on the skill awards including some for camping, hiking, and environment.

It was brought out that most of the kids in the area relate Scouting with going out into the country. And they will. Overnights, in which the boys will plan their own meals and itinerary, are on the tab, with most of the equipment being provided.

**SCOUT LEADERS** will divide a group of twenty boys into three "patrols." Then they will determine which boy in each "patrol" is the strongest personality. Since the one with the strongest personality will be the leader, it is he whom the student Scout leaders must manipulate, Powell said.

The patrol leader will then be in a position of responsibility. He will learn how to motivate others to compete with the other two patrols.

Powell warned that if the student leader starts running the troop like the army, he will be

## Liturgy emphasizes concern for peace

Giving expression to the Christian concern for peace will be the theme of the liturgy on Sunday, and Monday will be a day of prayer and fasting for world peace, according to Fr. Eugene Delmore, S.J., University assistant chaplain.

"What we are trying to do is to arouse the Christian conscience towards attaining peace in the world," Fr. Delmore stated.

**"IT'S ABOUT** what we as Christians can do to bring peace about faster."

This will be explicated by Fr. Phillip Wallace, M.M., of the chaplain's office, who will deliver the sermons for Saturday's midnight Mass in the Liturgical Center, Sunday's 4:30 p.m. Mass in the Center and the 7:30 p.m. Mass in the Bellarmine Hall Chapel.

"There is just too much cynicism and apathy in our society concerning the war, that it is almost impossible to breathe easily," Fr. Delmore continued. "People will not accept the responsibility for the war. They just sit back and say that it is up to the government to take care of it."

**ON MONDAY**, students, faculty and staff will be asked to pray and to abstain from at

least one meal, Fr. Delmore said, as an expression of their concern and willingness to sacrifice for peace.

Anyone holding a food card need only turn in his or her number to the Saga Food Service office in Bellarmine Hall room 113 on Monday and Saga will give a check to the Chaplain's Office for the value of meals not taken.

This money will be designated and sent to the Catholic Peace Fellowship Office, a group organized through the office of the Archbishop and is concerned with actions to arouse people towards peace, Fr. Delmore said.

**MONDAY'S** masses are scheduled as follows: Bellarmine Hall Chapel at 11:10 a.m., 12:10 p.m. and 4:30 p.m.; and in the Liturgical Center at 12:10 p.m.

A silent prayer vigil will be conducted in Bellarmine Hall Chapel, also, from 11:40 a.m. to noon and from 12:40 to 1 p.m. on Monday.

There will also be Scripture readings and songs in the Liberal Arts chapel on the second floor from 12:30 - 1 p.m. and a 30-minute film, "This Solitude Through Which We Go is I," will be shown in the Liturgical Center at 7:30 p.m.

### Ski Club

## Trek to Mission Ridge

Ski Club's first trip of the quarter is scheduled for Feb. 3 and 4 to Mission Ridge.

Transportation will be available using private cars. Transportation cost per person will be \$6.

Lodging is available for either Friday and Saturday night or Saturday night only. The cost is \$4 for Saturday only or \$7 for both nights.

Lodging cost does not include meals.

Skiers should bring sleeping bags. Lodging will be in the Mission Ski Lodge, a few miles from the ski area.

Sign up sheets are posted on the Liberal Arts bulletin board outside of L.A. 118. The deadline for sign ups is Jan. 29 at the Ski Club meeting.

All skiers who plan to go on the spring break trip to Schweitzer Basin should turn in their \$25 deposit at the meeting also.

The meeting will be at 7:30 p.m. in Bannan 102.

Space is still available on the buses to Alpental every Friday night. The bus leaves from Bellarmine at 5 p.m. Seats are available on a first come-first served basis.

Cost is \$3.50 for members and \$4 for non-members.

## Club serves community

Emphasizing the need for community interaction, the I.K. Little Sisters, a women's service organization, has taken an active part in various community services.

Joyce Lindwall, community services junior and an I.K. Little Sister, has dedicated many hours to caring for toddlers at the Seattle Day Nursery.

**"WORKING AT** Seattle Day Nursery gave me some idea of community services," she said. "Not only is it fun, but it also helps one to understand those under welfare."

Ms. Lindwall's main responsibilities include class supervision, as well as being able to relate to each child as an individual.

Involvement in a community project proved to be not only an academic enrichment, but also personal satisfaction.

**"IT'S FUN** to work," Ms. Lindwall continued. "It's fun to help others."

Anne LaValla, president of the I.K. Little Sisters, cited St. Peter Claver's Center, Josephinum

and Marycrest Villa as other places where I.K. Little Sisters have volunteered their services.

In addition, the I.K. Little Sisters have also volunteered to serve at various banquets and have contributed to the annual Halloween food drive.

**"SERVICE** clubs offer a personal satisfaction for college women," Ms. LaValla. "In the past, our club has found itself overemphasizing campus participation and the social aspect. But that just isn't enough for any club today."

In existence for about three years, the I.K. Little Sisters have grown to include 15 girls.

"But the club is open to new interest and demands," Ms. LaValla asserted. "We invite all S.U. women to come to our pledge class." (See Spectrum of events.)

The I.K. Little Sisters will meet to introduce newcomers to their newly revised goals and to incorporate all interested women into community and campus involvement.

## Any woman interested in legal career?

"Women in Law," a panel discussion for women interested in a career in law is scheduled for Saturday from 2-4 p.m. in room 301 of Condon Hall at the U.W.

**THE DISCUSSION** will center on service to the community and personal satisfaction derived from pursuing a legal career.

Small group discussions will also be included.

Panelists will include the Hon. Janice Niemi, judge of the Superior Court of King County; Ruth Barnes, attorney in the Legal Services Office; Diana Thompson, attorney for Seattle Public School; and Barbara Isenhour, Barbara Johnson and Mary Teachout, law students at the U.W.

**PARTICIPANTS** from the University of Puget Sound Law School and the Washington Women Lawyers' Association are tentatively scheduled to attend.

Any women interested in attending the discussion are asked to contact Sr. Christopher Querin of the political science department at 626-6593.



## Newsbriefs

### magazine is seeking writers

A meeting for all students interested in writing for Fragments, S.U.'s literary magazine, will be held today at 3 p.m. in room 113 of the A. A. Lemieux Library.

Plans are now being made for the magazine's publication and for the re-establishment of the Writers' Club.

### "quackser fortune" is assu movie

"Quackser Fortune has a Cousin in the Bronx" is the title of this week's ASSU movie, a comedy-drama of one man's fight against being industrialized.

The movie is scheduled for 8 p.m. in Pigott Auditorium. Admission is 65 cents.

Gene Wilder stars in the title role of a rugged individualist who takes pride in his occupation of collecting and peddling horse fertilizer.

"Quackser Fortune," filmed in Dublin, is directed by Waris Hussein from an original screenplay by Gabriel Walsh.

There will also be an added short entitled "Annabelle Lee."

### new student study area

The Office of Minority Affairs has opened a new student study area in the basement of their building.

The study is open from 8:30 a.m. to 9 p.m. All students served through the office are welcome to make use of the study area.

### friday benedictions

Benediction, under the direction of the S.U. Guild of the Society for the Christian Commonwealth, will resume this Friday at 3:10 p.m. in Bellarmine Chapel.

The benediction is the adoration of Christ in his presence in the Blessed Sacrament.

Fr. Thomas Garvin, S.J., will celebrate the benediction.

Benedictions will continue each Friday at 3:10 p.m. in Bellarmine Chapel throughout the quarter.

### dr. pat smith to talk

Dr. Pat Smith, S.U. alumni, will show slides and tell of her work with Montagnard aborigines in the highlands of South Vietnam Saturday at 8 p.m. in the Puget Power Auditorium.

Student cost for the affair is \$1 and \$2 for adults. The auditorium is located at 106th and 4th N.E. in Bellevue.

### orientation chairman still needed

Signups are still being taken for freshman orientation chairman.

Interested students are asked to sign the list in the ASSU office, second floor Chieftain.

The post is an appointed one.

### metropolitan opera auditions

The annual Metropolitan Opera auditions for the district of Western Washington and Alaska will be Jan. 27 at the University of Washington. The singers will be competing for prize money of \$300 from the Seattle Opera Guild and \$100 from the Ladies Musical Club.

District winners will then compete in the regional auditions on Sunday, Feb. 11, at 2 p.m. in Pigott Auditorium. Dr. Louis Christensen, chairman of the fine arts department, is one of three judges.

### hitchcock film series

The Seattle Art Museum is offering an eight-week series of film entertainment in "The Cinema of Alfred Hitchcock." The series will show on consecutive Thursday evenings at 7:30 p.m., beginning today through Mar. 8.

Admission will be by a series ticket only which sells for \$6 for students. Offerings include such works as "The Lady Vanishes," "Spellbound," "The Birds," and "Psycho."

### self defense class starts saturday

The intramurals self-defense class for faculty and students will begin Saturday.

Classes will be held from noon to 2 p.m. Don Williams, of Seattle, is the instructor.

### The Spectator

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### S.U.-U.W. tickets

Tickets for the Jan. 25 confrontation with U. W. are still available at the cost of \$2 to S.U. students.

The event is slated for the Hec Edmundson Pavilion. Eight hundred seats have been set aside for S.U. students, according to Pat Hayes, sports information director.

Tickets will be on sale in the ticket office located in the Connolly P.E. Center.

Hours are from 9 a.m. to noon and from 1-5:30 p.m. daily.

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## letter to editor

### hearsay

To the editor:

In reference to the Tuesday, Jan. 16, article on the sickness in Bellarmine Hall, I was quoted as estimating "as many as 135 of the more than 360 residents as being ill."

I not only did not make that statement to any Spectator reporter; I was not even contacted by the Spectator. I find this type of reporting highly unprofessional and demeaning to myself and the Spectator staff.

Such action causes me to wonder how well reporters are instructed in the methods of obtaining information for public release. I believe that no professional reporter would have used such a statement without first asking for permission and secondly researching the statement

to establish credibility (if only for matters of legality).

I feel that reporter— whoever he or she is—owes not only me an apology but should also apologize to all other Spectator reporters and staff members for resorting to second-hand quotations that can only be called hearsay information.

Hopefully, these reporting standards will be renovated so that future articles can be viewed with renewed faith that all information has been acquired in good taste and in journalistic professionalism.

Paula Wheeldon

*Editor's note: The Spectator would like to apologize to Ms. Wheeldon. The statement referred to was indeed second hand information. The reporter has been advised of the error for future reference.*

## Spectrum of events January 18-21

### TODAY

**American Marketing Club:** Noon meeting in Pigott's First Floor Conference Room.

**Chess Club:** 8 p.m. meeting in the Xavier Conference Room.

**Society for the Advancement of Management:** Noon meeting in the room adjacent to Mr. Cole's Office in Pigott. Membership Cards will be handed out.

**Spectator:** 1 p.m. meeting in the third floor newsroom. Everyone interested in joining the staff is welcome.

**Student Washington Education Association:** 7 p.m. meeting for those interested in a student tutorial program. Meeting will be in Bellarmine Hall's Chez Moi.

**Young Democrats:** 1 p.m. meeting in the A.A. Lemieux Library, room 107. Interested individuals are welcome.

## CLASSIFIED

### For Rent

\$85. 1 bedroom, free parking, suitable, 2 students, across from S.U. MU 2-5376.

### Help Wanted

CHEMISTRY tutor needed. CH 2-5339.

TRUE CAREER OPPORTUNITY. 67 year old, billion dollar western Mutual Life Insurance Company needs sales representative for Greater Seattle. An outstanding training program. Start by servicing existing accounts. Salary and incentive, liberal fringes, college required, minimum travel. Call Mr. Flem for personal interview, 285-1390.

### For Rent

SEWING machine rental \$6 a month, 524-7575.

### For Sale

STEREO: 100 watt, AM-FM, Multi-plex Garrard turntable with base and dust cover. Discus cueing, air suspension speaker system. Value \$390. Sacrifice \$175. 524-7575.

SLEEPING BAG, down-filled, nylon covered. Value over \$50, \$21.50. Never used. 524-7575.

SLEEPING BAG, goose-down, rip stuff nylon. Value over \$80. \$45, never used. 524-7575.

TEN-SPEED bike, full size frame. Value \$90. \$59, little scratched. 524-7575.

SEWING machine, good condition. \$20. 524-7575.

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## Spurs assist at Pacific

Spurs, a sophomore women's service club, are teachers aides at the Pacific School, across from Bellarmine Hall on James Street, as one of their service projects this quarter. They are helping to teach retarded children.

The Spurs are inviting anyone interested in helping out with the children to contact them by calling Anne McBride at 782-3912 and Theresa Moran at 626-6794.

Activities for the children include bowling and swimming and assorted others. Interested persons may volunteer any amount of time to helping and working with these children.

### Intramurals

Below is a schedule of B league intramural basketball games to be held today in the Connolly P.E. Center.

**6 P. M.** Celestial Spheres from Seattle Central Community College will battle the Brewers' C team in court one.

In court two, it will be the Native Americans versus the Aphrodites.

**7 P. M.** Soul Hustlers versus A Phi O's in court one.

St. Thomas versus Asians in court two.

**8 P. M.** Pilau Kane versus International in court one.

I.K.'s versus Fubar in court two.

### time sheets

Work-study time sheets for January should be turned in tomorrow no later than 4:30 p.m. The time sheets are being turned in early because Jan. 21 is a Sunday.

### Support

the Chiefs

## SEATTLE OPERA

Glynn Ross, General Director



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Puccini's first great triumph

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on Performance Night



## CHIEFTAIN CORNER

by Pete Caw

"Freshmen just don't have the experience to compete on the varsity squad."

If ever there was a truism proved wrong in college basketball, Frank Oleynick just did it. It could have just been luck that he performed so well against Reno and Las Vegas last week, his consistently good performance on Tuesday night cinched it.

Now he's an established starter and probably one of the best things, short of Greg Williams, to happen to the Chiefs over the past several years.

Speaking of Williams, the 6'8" ball handler seems to be back on his feet as well as the scoreboard. He put on a good show against Seattle Pacific after his Nevada disasters.

Getting back to Oleynick, if one were to say that he will be next year's high scorer, they would have a good chance of being proven right.

This is not to overshadow the exploits of his upper-class team-mates, however, as their support and consistency is one of the factors giving the freshman the opportunity he needs to rack up those double figure games.

Saturday's contest with Portland University will undoubtedly see the new frosh star on the starting lineup, so expect another game led by Frank the Frosh.

In the way of predictions for Saturday, history is on the Chief's side of the court, as they already beat the Pilots in earlier competition this year.

The Portland cagers have some good talent however, so look for a close one.

Prediction? The Chiefs by a hard-fought one. The team had better enjoy this one, for next Thursday's U.W. clash is bound to be a letdown for S.U.

## Oleynick shows his oats again; Chieftains drift past Falcons

by Margaret Enos

One might ask, "Is there anything Frank Oleynick can't do?"

There's no questioning the fact that Bill O'Connor's freshman "boy-wonder" stole the show in Tuesday night's contest with the Seattle Pacific Falcons.

The Chiefs slid by with a final score of 82-75, chalking up their second win after a disappointing slump in league play. The Chiefs total win-loss for the season is 7-6.

**AFTER MANAGING** to capture an exciting 18 point lead over the Falcons their dominance fell to a mere 4 points by half time.

Aside from racking up 19 points in total game play, Oleynick displayed an amazing amount of control in handling and passing the ball.

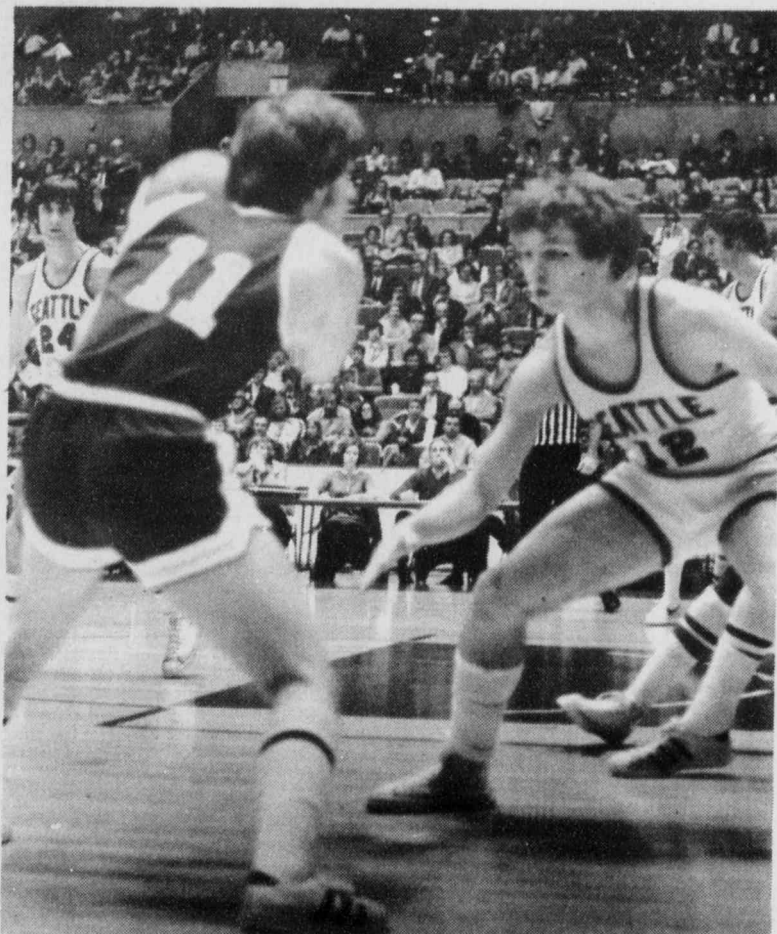
Greg Williams once again showed fans what he is capable of doing by shooting a total of 27 points, making him the highest scorer of both teams.

**THE CHIEFS** defense made good use of the full court press and alternated between zone and man to man defense throughout the game.

Coming into the second half the Chiefs struggled in the first few minutes to maintain their lead. Playing a tight defense, S.P.C. managed to survive for a little while. Although the Falcons came back with a spurt of energy and determination, the Chiefs were psyched and after the first five minutes reached a substantial 10 point lead and hung onto that margin throughout the remainder of the game.

**DESPITE** their somewhat shaky win, the Chiefs were guilty of many unnecessary fouls and turnovers, especially in the second half. Luckily, S.P.C. was playing a sloppy game too.

In the Junior Varsity contest, the Paposes brought down the



—photo by ann standaert

**FRANK OLEYNICK, FRESHMAN** guard, tries to stop a Seattle Pacific cager during Tuesday's S.U. - S.P.C. bout. The Chiefs managed to down the Falcons, 82-75.

S.P.C. opposition 75-63.

All scorers were again led by Papoose Captain Jim Ferguson. The 6'1" guard put in 20 points in the game and led the way for his team's victory.

S.U. will take on Portland University in the Areana 7 p.m. Saturday.

The P.U. Pilots came off with

the short end of a 84-65 contest between the Chiefs and themselves earlier this year.

**THE TEAM** is led by 6'2" Ric Parks and 6'2" "Tiney" Banks, both high scoring guards.

Saturday's game will be Family Night. Two free children's tickets will be given with each adult ticket.

## BILLY THE KID WAS A PUNK



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## Kung Fu much more than physical, treated as 'way of life' by disciples

by Margaret Enos

"Kung fu is a way of life." Or so it is for senior Keethe Koyanagi and, in his opinion, all other devoted students of this ancient martial art.

Koyanagi, a member of the Seattle Kung Fu Club, will offer interested students an opportunity to study kung fu this quarter. Instruction will begin Monday afternoon. The class is not being offered for credit.

**LITERALLY** translated, kung fu means "hard work." Koyanagi explained that the hard part comes as a result of the great amount of discipline, patience and concentration involved in the serious study of this art form.

Dating as far back as the Ming Dynasty, roughly 2,000 years, kung fu is literally the grandfather of the martial arts. These include karate, judo, kendo and aikido, to name only a few.

"Kung fu is primarily an art—it does not stress self-defense per se, it can be related to everything you do in life," according to Koyanagi.

**KUNG FU** is based upon the principle of ying/yang (dark-light, good-evil, etc.) or, in Western terms, a duality. Its

aim, then, is to achieve harmony and balance. The student of kung fu strives for a balance between body and mind, resulting in considerable control of the entire being.

The Chinese philosophy of the circle is also applied to the art. In kung fu the circle represents continual, flowing motion. "Every movement and exercise in kung fu is based upon this principle," Koyanagi stated.

Koyanagi has studied classical style kung fu for one and a half years under Si Fu Leong. Si Fu translated means master or teacher.

**LEONG STUDIED** kung fu for 24 years in China before coming to the U.S. eight years ago.

"Kung fu is actually divided into two separate styles: Hung Ga (hard style) and Tai Chi Chuan (soft style)," Koyanagi explained.

He is a student of the Tai Chi style which stresses relaxation, concentration and flowing graceful movements. Hung Ga, on the other hand, is characterized by fast, hard, but fluid movements and places more emphasis upon kung fu as a form of self-defense. "In defense the Kung fu student uses his opponents strength

to defeat him," he stated.

**BOTH METHODS** require the development of control over both mind and body, which involves a great deal of discipline.

"Kung fu is a very slow process—Chinese philosophy stresses fluidness and the expenditure of much time." He added that for people conditioned to the fast pace of living in America this idea may be hard to grasp.

Patience is essential to the art as Koyanagi pointed out.

Other factors important for the successful study of kung fu are proper diet — primarily fruits, vegetables and fish; a fairly uniform eating schedule each day; and a proper amount of sleep.

"Too much sleep is not good—it makes you dull." He feels that seven hours sleep a night is sufficient and finds that with less sleep, "your perception is much better and you are much sharper overall."

**CLASSES** will meet twice a week, tentatively scheduled for Mondays and Fridays, for one and a half hours. Koyanagi will instruct students in the Tai Chi style while another member of the Seattle Kung Fu Club will instruct those students interested in the Hung Ga style. In addition, their master, Leong, will be present once a week for instruction.

The cost is \$25 a quarter which includes initiation fees, uniform and tuition. Sign-up sheets will be posted in the Chieftain, Bellarmine Hall and the Connolly P.E. Center. A meeting is scheduled for Monday at 3:30 p.m. for all interested students in the P.E. center.

A minimum of 10-15 students is needed to start the class but there is no maximum.

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# Hotline: 'Tell me what's bothering you!'

by O. Casey Corr

"Listen, I need someone to talk to. I don't know what to do. This problem that I have is tearing me apart. I need help."

It was a call for the Hotline Crisis Intervention Service. A client needed help.

"O.K. WHY DON'T you tell me about it?"

"I don't know why I called, really. My problem isn't that bad."

"We're here to listen to everyone who calls, no matter how small their problem may seem."

"No matter how small the problem?"

"Yes. Now, why don't you tell me what's bothering you, and maybe I can help you."

THAT MAY BE one of the 120 calls a day that the Hotline: Youth Crisis and Referral Service receives. The Hotline is the newest of three telephone services offered to King County residents by the Seattle Crisis Clinic, Inc. The other two services are the Information and Referral Service and the Crisis Lines agency.

Holly Weese, director of the Hotline Program, explained how the Hotline helps: "Crisis by definition is a problem at its peak. It's a time of great change; change that's both a time of danger and opportunity. If the crisis leads to the dangerous and destructive aspect of despair, then a person may resort to killing himself. If the problem runs to the positive side, then the person says to himself, 'I'm going to meet this problem.'"

## hotline

329-3200

need help in getting it together?

talk to someone who listens ....

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4 p.m.-2 a.m. Daily

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YOUTH CRISIS & REFERRAL  
TELEPHONE SERVICE

"The first thing we do with a client is to establish calm and help the person get it together. We approach the precipitating problem in a relaxed manner and try to build the caller's confidence. Then we try to explore the feelings of the caller relating to the problem. In calls where the person is thinking of

taking his life, or has begun to do so, we try to find out where the call is originating from.

"WE ASK QUESTIONS that point out to the caller where the origins of his stress are. But the most important thing is we try to establish a dialogue that delays any immediate action and, hopefully, prevents the caller from taking his life."

Ms. Weese then pointed out that threatened suicides or suicides-in-progress combine to only 20 per cent of the Clinic's total received calls. Many calls are from people just seeking information like where to get a V.D. test, pregnancy test, free health care, etc.

Most of the problems are from people just looking for someone to discuss a problem with. But no matter what the problem of the caller is, the purpose of the clinic is to help people overcome their crises so they can approach their problems in a calm, more integrated way.

BECOMING A VOLUNTEER for the Hotline is not an easy process.

Ms. Weese, who also helps with the training of volunteers, said, "This is not something you can do 40 hours a week. Volunteers work one four-hour shift a week, with an occasional extra shift when someone is sick."

Training involves a waiting period until there is an opening, which can be as long as six months. Then comes the interview, which is designed to get the true feelings of the potential volunteer.

After that, if the person passes the interview, come three six-hour classroom sessions where people experienced in crisis intervention give advice and pointers.

DURING THE SESSIONS there is a lot of role playing that simulates all of the types of calls the Hotline handles.

Following this, there are three four-hour on-the-job training classes where the volunteer is observed by a staff member handling calls. This orientation training is kept intense for the first four to five weeks.

All day staff retreats are held three times a year with local counselors, sociologists, psychologists and therapists. Participants share their views on handling crisis situations.

ONE OF THE volunteers who made it through the training and is now an active participant in the Hotline telephone service is Theresa Johnson, an S.U. freshman.

Describing how she got involved in the clinic, she said, "I read articles in magazines about crisis clinics and got interested in joining one. A friend introduced me to Youth Emergency Service. I then worked there for two years and when the crisis service went county-wide last Oct. 1, I went with it."

"I do this as a service to help people. I don't know how to explain it in words so that people would understand, but I do this with the hope of helping someone through a crisis," Ms. Johnson said.

MS. JOHNSON ALSO works at Pilgrim's Natural Foods in the University Village. She came to S.U. under the junior-transfer program whereby juniors in high school with a 3.3 gpa are admitted as freshmen. Her major is medical-technology and she finds college life "a lot better than high school."

Another volunteer working at the Hotline center is Marianne Osborne, a social services student at North Seattle Com-



Theresa Johnson, an S.U. freshman, answers a call on the Hotline, a service of the Seattle Crisis Clinic. "The first thing we do with a client is to establish calm and help the person get it together," Holly Weese, director of the program, explains.

munity College. Although she has worked for only a month at the Center, she is very definite about the reasons for her aid to the clinic. "I do this because I can give through working, getting along and helping people."

Commenting on the nature of the atmosphere at the Crisis Clinic, Ms. Weese added, "Everyone here is a staff member. There's no hierarchy here. Volunteers work directly with the clients. They use themselves creatively."

The Crisis Clinic began on Aug. 1, 1963. A nervous, frightened man told several people that he had an uncontrollable drive to attack someone. He wanted to talk to someone, anyone. No one really took him seriously. Unable to fight his desire, the man stabbed a helpless victim—a 12-year-old girl.

ALTHOUGH THE GIRL survived, it was clear that there was a desperate need for an agency to handle people on the brink of a crime, or despondent people needing consultation. On Dec. 8, 1963, the little girl's parents met with interested citizens to explore the possibilities of an organization which would devote its entire energies to emotional crisis situations on a 24-hour basis.

In March, 1964, members of the Board of Trustees for the infant agency met with volunteers and began service from their homes and places of business.

In May, an office was located and opened with a psychiatric social worker as part-time director. From this beginning, Crisis Clinic, Inc., has evolved into a full-service organization for the King County area. The staff includes Robert Vaughn, former minister and now full-time director; Holly Weese, the Youth Hotline director; Audrey McCoy and Bruce Cummins, co-directors of Crisis Lines; and Mary Curtis, director of Information and Referral Service.

ONE OF THE THREE programs at the Center, the Information and Referral Service, is designed to help the person find help before the situation gets severe, according to its director, Ms. Curtis.

Her staff compiles an extensive resource file collecting information on agencies related to health, welfare and other community services available to King County residents. The files are also utilized by the Center's other two agencies.

The Information and Referral Department is open from 8 a.m. to 5 p.m. The phone number is 323-2100.

AUDREY MCCOY, co-director of the Crisis Lines Service, described her agency as being "open 24 hours a day, available anytime someone needs help." The Crisis Lines Service differs from the Hotline: Youth Crisis Service as indicated by the word "youth."

"The people who man our phones are usually from 20 to 25. People who work for the Hotline are usually from 16 to 19," said Ms. McCoy. "Hotline was developed to deal directly with the special problems teenagers have. Crisis Lines is geared for the older people who usually have more complex problems than teens."

Crisis lines handles all problems from all ages, however, and no one is turned down help Ms. McCoy stressed.

The Crisis Lines Service is open 24 hours a day. Its phone number is 325-5550. Hotline is open from 4 p.m. until 2 a.m. As with the entire Center, service is free and confidential.

## INTERVIEWING TECHNIQUES

**Reflection:** Paraphrase what the person is saying. Reflect the underlying feelings.

**Questions:** Questions tend to elicit short answers. Too many tend to decrease rapport.

**Probes:** A question, but one which tries to elicit feelings connected with the problem.

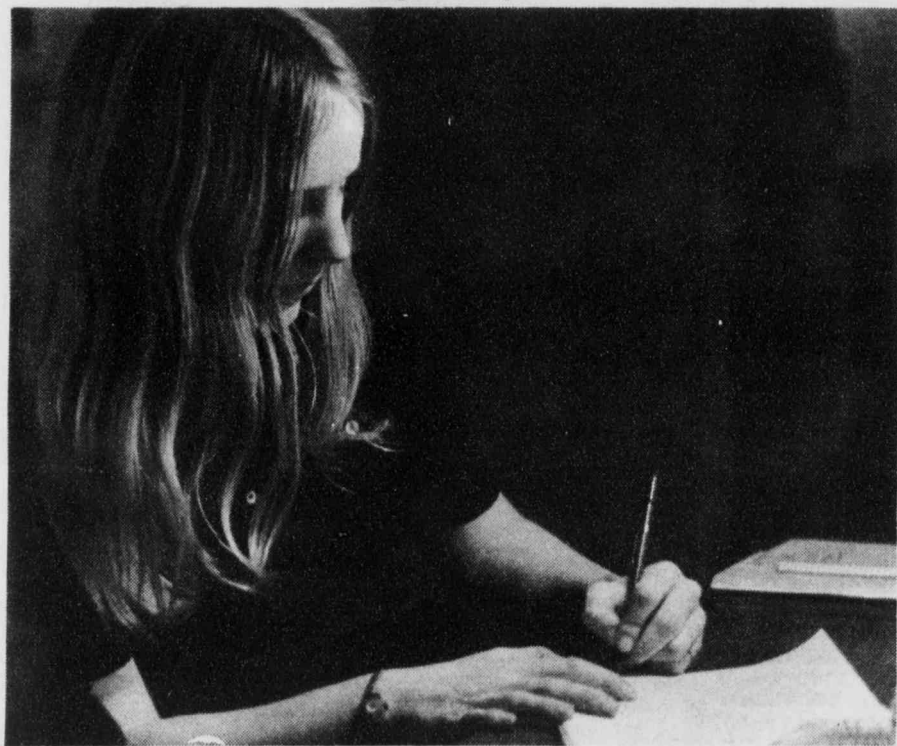
**Summarization:** Summarize various points talked about. May start caller elaborating on problem area(s).

**Reiteration:** Simply means to go back and pick up on a point discussed at an earlier time.

**Clarification:** "Tell me more about..."

"I don't quite understand..."

BRIGHT, HAND-LETTERED posters on the walls remind volunteers of interviewing techniques.



IN BETWEEN CALLS, Marianne Osborne, a volunteer from North Seattle Community College, works on her studies.